Neck pain (Cervical spine)

Please complete *all* questions, this information is necessary for the physician to evaluate and treat your condition.

Name_____ **Date**_____**Age**_____

Were you seen in the ER? _____Primary Care Physician _____

List other providers you have seen for this _____

List if and where xrays or MRI's have been taken _____

List any dates of work missed as a result of this _____

HISTORY OF PRESENT ILLNESS *Please check (✓)*

When did symptoms first appear? (Onset) __#days __#weeks __#months __#years

How frequent does the pain bother you? __Daily __Intermittent __Constant

Where are your pain symptoms located? __R __L __Both __Back of neck __Shoulder __Shoulder blade

Does the pain radiate to: __R __L __Both __Shoulder blade __Upper arm __Forearm

How would you describe the quality of pain? __Aching __Burning __Shooting __Tingling

Rate severity of pain today (Mild) 0 1 2 3 4 5 6 7 8 9 10 (Severe)

Was there an injury? **YES** or **NO** (circle one) Is it **WORK** or **AUTO** related? (circle one)

Type: _____Date: _____ Where:_____

What aggravates the pain? __Bending __Lifting __Extending __Rotating __Sudden movements

What relieves the pain? __Heat __Cold __NSAIDS(otc meds) __Rest

Are there any associated symptoms? __Weakness __Numbness __Tingling __Difficulty sleeping

REVIEW OF SYSTEMS: Do you experience any of these other problems?

CONSTITUTIONAL: __Fever __Malaise __Weight gain __Weight loss

HEENT: __Difficulty swallowing __Facial pain __Headaches

RESPIRATORY: __Chest pain __Recent colds or infections __Shortness of breath

CARDIAC: __Chest pain __Irregular heartbeat

GASTROINTESTINAL: __Abdominal pain __Constipation __Loss of appetite

GENITOURINARY: __Dysuria __Increased frequency __Incontinence

NEUROLOGIC: __Difficulty walking __Muscle weakness __Parasthesias (change in normal sensation)

PSYCHIATRIC: __Anxiety __Depression

SKIN: __Itchy skin __Skin rash __Skin lesions

MUSCULOSKELETAL: __Joint pain __Rheumatologic disorders (i.e. rheumatoid arthritis or fibromyalgia)
__Previous neck or back pain